


FEBRUARY 2026 GRADE 4-6

VIK-14025 142 Edm. Comp. Day 1 vs 1 AND 2 VS 2

SUN	MON	TUES	WED	THURS	FRI	SAT
1	2 TRAINING SAQ	3 GR. 4-5 HEALTH/RELIGION GR. 6 RELIGION/FITNESS RM	4 TRAINING COMP. DAY FALCONE/ VAL 1 VS 1	5	6 TRAINING COMP. DAY ANDY/RUSLAN 1 VS 1	7
8	9 TRAINING SAQ	10 GR. 4-5 RELIGION/ FITNESS RM GR. 6 HEALTH/RELIGION	11 TRAINING COMP DAY MCKINNON 2 V 2	12 NO SCHOOL	13 TRAINING	14
15	16 FAMILY DAY NO SCHOOL	17 GR. 4-5 RELIGION /HEALTH GR. 6 HEALTH/RELIGION	18 TRAINING COMP. DAY FALCONE/ VAL 2 VS 2	19	20 TRAINING COMP. DAY ANDY/RUSLAN 2 VS 2	21
22	23 TRAINING GR 4-6	24 SKI DAY GR. 3-6	25 NO SCHOOL	26 NO SCHOOL TEACHER'S CONVENTION	27 NO SCHOOL TEACHER'S CONVENTION	28 TDITD 

FEBRUARY

MCKINNON AND COACH ANDY- SMALL FIELD

FALCONE, COACH RUSLAN AND COACH VAL- LEARGE FIELD

SAQ- SPEED AGILITY AND QUICKNESS EVERY MONDAY PLUS TRAINING

COMP. DAYTHIS MONTH- 1 V 1 AND 2 V 2

TRAINING OBJECTIVES- ATTACKING PRINCIPLES

- **PASSING COMBINATIONS**

Quality passes to maintain the flow of the practice

Combination play between players. Quick 1-2's

Focus on one-touch passes

Quality passing weight and accuracy

- **URNS AND DRIBBLING**

Close control when dribbling, using both feet

Quick switches of direction

- **POSSESSION**

Movement of players when in possession of the ball

Quality passing to maintain possession

Off-the-ball movement to get into or create space for finishes

- **SMALL SIDED GAMES**