

January 2026 GR. 4-5-6 SVAC- 205 Carnegie Drive, St. Albert VIK- 14025-142 st Edm.

DEFENDING PRINCIPLES

RELIGION- FALCONE

HEALTH/PE- PAONESSA

SUN	MON	TUES	WED	THURS	FRI	SAT
				1 NO SCHOOL CHRISTMAS BREAK	NO SCHOOL CHRISTMAS BREAK	3
4	5 TRAINING SAQ	6 GR. 4-5 RELIGION/HEALTH GR. 6 HEALTH/RELIGION	7 TRAINING	8	9 TRAINING/GAMES 3 v 3 COMP. DAY MCKINNON	10
11	12 TRAINING SAQ	13 LUNCHEON - PIZZA @ 1:00 PM TERM 1 AWARDS PRESENTATION (SOAR) RELIGION- 4-5 HEALTH- 6	14 TRAINING	15	16 TRAINING/GAMES COMP. DAY RUSLAN/FALCONE	17
18	19 STATIONS	20 GR 4-5 RELIGION/FITNESS ROOM GR. 6 SVAC - workout Clean indoor runners/academy top	21 TRAINING	22	23 TRAINING /GAMES 3 v 3 COMP. DAY VAL/ANDY	24
25	26 TRAINING SAQ	27 GR 4-5 HEALTH/RELIGION GR 6 RELIGION /FITNESS ROOM	28 TRAINING	29	30 FUN FRIDAY CHALLENGES Team Jersey Day	31 TDITD

